

LENT 2018



Lent is the penitential season of the Church's year. It begins on Ash Wednesday and ends before the Mass of the Lord's Supper on Holy Thursday. Lent has six Sundays. The sixth is called Passion or Palm Sunday and marks the beginning of Holy Week.

The Easter Triduum begins with the evening Mass of the Lord's Supper on Holy Thursday. It commemorates the Lord's passion and death on Good Friday, reaches its high point at the Easter Vigil and ends with evening Prayer on Easter Sunday. Then the joyful Easter Season of 50 days begins.

Traditionally, the Lenten season is a time of penance throughout the Catholic Church. Lent is a season in which prayer, the reception of the sacraments, charity and almsgiving are emphasized.

LENTEN REGULATIONS

Weekdays of Lent (Monday-Thursday): There is no obligation to fast. However, voluntary acts of self-denial are recommended.

Ash Wednesday & Good Friday: These are days of *Fast and Abstinence from meat*. There is a limit of one full meal on these days for all between the ages of 18 and 59 inclusive.

Days of Abstinence (Ash Wednesday & Fridays): All who have reached their 14th year are bound to abstain totally from meat.

Easter Obligation (Duty): After they have received their First Holy Communion, Catholics are bound by the obligation of receiving Holy Communion at least once a year. This precept should be fulfilled during the Easter Season. Catholics are also bound to confess serious (mortal) sins at least once a year, but this is not limited to the Lenten/Easter Season.

LENTEN SCHEDULE

ASH WEDNESDAY MASSES

February 14: 9:00am, 5:00pm & 7:00pm

STATIONS OF THE CROSS

Fridays: 7:30pm

SOUP AND BREAD

Friday, February 16 & 23; March 2, 9, 16 & 23
6:30pm in the Fr. Connelly Parish Center

THE LIGHT IS ON FOR YOU (Archdiocesan Day of Reconciliation)

Monday, March 19: 5:00pm-9pm

RECONCILIATION

Seton Parish – Saturdays 3:30-4:00pm
Saint Joseph's – Saturdays 3:30-4:30pm
Our Lady of the Fields – Saturdays 4:00-4:45pm

EUCCHARISTIC ADORATION

Tuesdays: 9:30am-7:00pm

INTER-PARISH MISSION

March 12, 13, & 14 at Seton Parish:
Mornings after the 9:00am Mass
Evenings at 7:00pm